Dear Parent/Guardian,

As you may have seen in the media in the last few weeks the principals of schools in X City and County have come together with Barnardos to create a charter for all primary school pupils. The ‘Gen Free’ charter asks parents to not buy their child a smartphone or allow them on social media until they leave primary school.

Over the last few years, children in our school have been presenting with increased levels of anxiety and stress. In an attempt to reduce anxiety levels and increase children’s wellbeing, we are promoting this charter which discourages the use of smartphones and social media during primary school years.

To be clear this is a voluntary charter and it is not a blanket ban on all screen time. It’s our school supporting you to say no to smartphones, social media and inappropriate video games while your children are in primary school.

During September we will be working with the pupils in class to get their opinions on phones and social media. We are also hoping to hear from you at this month’s **Parents Association AGM on** . I’d encourage all parents to discuss the charter and consider signing up to it.

In October we will send out the physical charter to every pupil and hopefully you will consider signing up to it. I believe that as parents there is strength in numbers and if parents can support each other by signing the charter it will make everyone’s’ life easier.

Thank you in advance and we hope to hear from you on a date at the AGM.

Regards,

Principal